

Programs in Details

The educational programs for children and junior youth are divided into 4 Cycles. Each cycle includes four stages:

- a) Language proficiency
- b) Intellectual proficiency and Mindfulness
- c) Creative proficiency through Art, Music, and Sport
- d) Community Service projects

Junior Youth Empowerment Education (Arabic/Persian), each cycle is(100 hrs) . The program has a Book which is included in the price.

Features and Benefits

Two factors require particularly careful thought about junior youth-refugees. First, the effect of negative social forces on their communities has led to the spread of various social ills that have a profound influence on how these young people view themselves and society. Second, they are heavily affected by the behaviour of adults towards them. However, there is a critical window of opportunity between the ages of 10 and 14, before their concepts and attitudes crystallize. Through this program, we seek to build bridges across cultures by increasing the number of refugee-junior-youth with a deep knowledge and understanding of their role in participating in building up their communities.



This program for the refugee children offers innovative lesson plans in a nurturing environment by designing interactive settings in which they can connect with their inner-self, discuss ideas, form a strong understanding of their collective-global identity and build their capacities to contribute to the sustainable development of their communities here in Iceland and in their homeland, if they choose to return one day. Some of the materials are concerned with developing language skills and the power of expression, some address mathematical concepts, while other materials seek to prepare them to approach the investigation of social and spiritual reality in a scientific manner.



It engages the junior youth refugees in

- Collaborative games,
- Songs,
- Music,
- Mindfulness
- Physical activities

Together the group studies materials from a curriculum which has been developed to introduce critical moral concepts and simultaneously enhance the member's power of expression.

-In the group, bonds of friendship, love and a sense of a common goal are established.

-The junior youth group serves as an environment of mutual support for its members, one in which they can develop the spiritual perception and patterns of thought and behaviour that will characterize them as youth.

-The group learns to listen, to reflect, to make decisions and to act on their decisions.

-With these skills, they are able to analyse together the constructive and destructive forces in society and learn how to channel their energies toward improving the conditions of their community.

One aspect of the group is to study texts with stories of junior youth around the world which the junior youth refugees can relate to and apply certain concepts to their own lives.

Another aspect is the service component. In this component, the junior youth come up with ways to complete selfless acts of service that have a twofold moral purpose. This essentially means that they are not only empowered to take charge of their own moral and intellectual growth, but to simultaneously contribute to the well being of society.

Also, many other activities take place such as music, yoga and mindfulness, sport, recreational activities and various arts. The content of the material is simple yet profound. Far from preaching to junior youth on how they should be, the program helps them discover moral and spiritual realities for themselves, assisted by animators.

Activities: The group members meet weekly where they study character development themes, develop the power of expression, discuss difficult issues with peers, create art, play cooperative games, engage in healthy recreation and plan and carry out service projects.



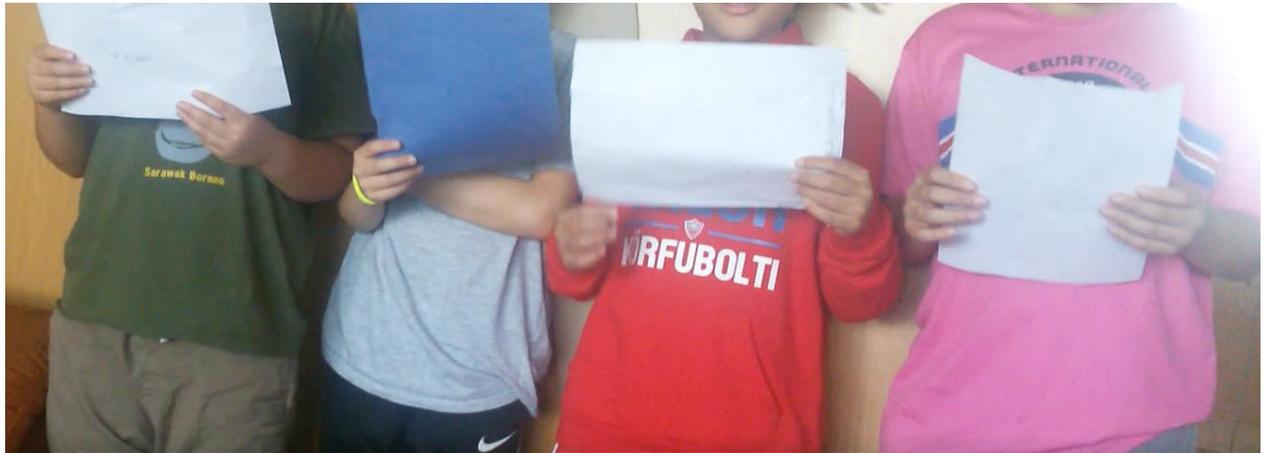
The curriculum: it constitutes a story with certain moral concepts, on which the junior youth consult. This helps them in developing the ability to express themselves and their thoughts. The materials have been developed, piloted and adopted in junior youth groups around the globe. Their relevance goes beyond cultural or religious boundaries, and they seek to help junior youth develop an intellectual and spiritual framework with which to approach their path in life.

Service: the junior youth discuss and decide on service activities as a group. Acts of service that the junior youth perform for their neighbourhood will depend on the needs of their local community. Examples of these service activities are the following: cleaning the local park, planting trees and flowers, helping in special-need houses, visiting the elderly. Extra activities: different forms of arts and crafts, sports, yoga, and mindfulness.



These are the Objectives of Junior Youth Refugee Empowerment Education

1. Enhance their power of expression
2. Develop the ability to make positive decisions
3. Engage in acts of service to the community



The Evaluation of each objective is as follow

1. Enhance the Power of Expression: The Junior Youth Empowerment Project empowers junior youth by enabling them to positively express themselves with precision and clarity. The Junior Youth Empowerment Project improves the junior youths' abilities in the following areas:

- Literacy and vocabulary
- Reading and writing
- Comprehension
- Ability to give presentations
- Artistic expression
- Critical thinking



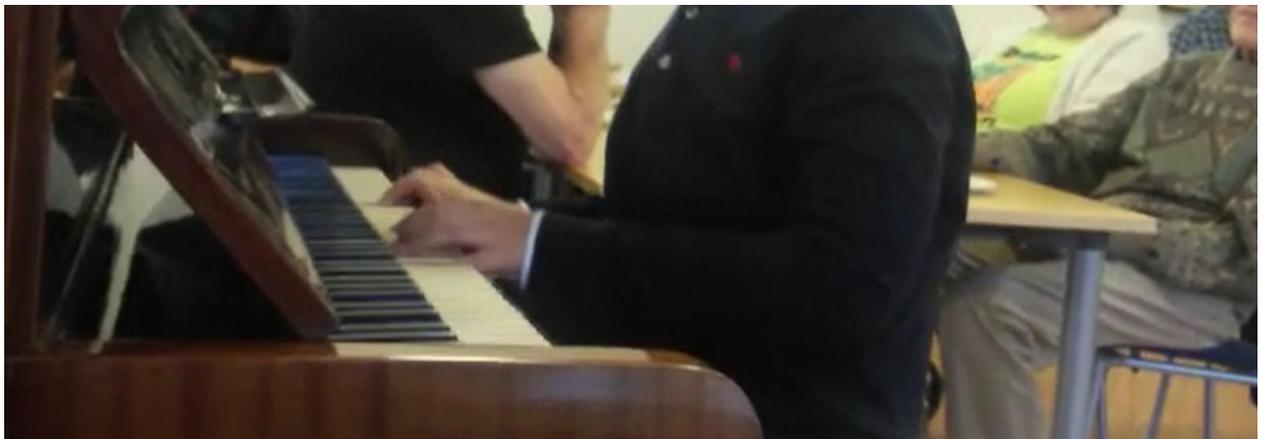


2. Capability to Make Positive Decisions: The Junior Youth Empowerment Project empowers junior youth by giving them the analytical tools to understand the implications for choices that confront them every day, and it enables them to express positive choices through speech and action:

- Complex situations are analysed in the texts
- Method of action-reflection is used



3. Enhance their Capacities for Service: The Junior Youth Empowerment Project empowers junior youth to actively participate in the transformation of their neighbourhood and community. The Junior Youth Empowerment Project utilizes service to enable these young people to realize their capacities to the fullest and use them for the benefit of themselves and others. Building skills by doing service in the neighbourhood is a vital component of the group. Ideas for the service come from within the group and the youth participate fully in the planning and implementation of the service projects.



Empowerment of junior youth refugees results when:

- They understand their own capacities to make a difference.
- They have the qualities, attitudes, insights, and knowledge to consistently make, and confidently express, positive decisions despite social pressures.

